

AUGUST 2024

SENIOR ACTIVITIES

Exercise

Mondays and Thursdays at 10 AM.

Breakfast

Breakfast starts back this month on Tuesday, August 6th, at 8 AM! Enjoy our buffet style breakfast every Tuesday at 8 AM.

Birthday Party

We will be hosting our quarterly birthday party on Wednesday August, 7th at 1:00 PM. Stop by and celebrate our May, June, July, and August birthday honorees with us.

Lunch Trip

We will be going to eat at Felix's Fish Camp on the Causeway in Spanish Fort. Sign up to ride the bus or meet us there. The bus will leave at 10:30 AM, Wednesday August, 14th.

Bingo & Brownies

Wednesday, August 21st we will be playing bingo and enjoying dessert as we play! Join us at 1:00 PM as we celebrate National Senior Citizens Day!!

Pot Luck Lunch

Wednesday, August 28th at noon. Please bring a dish or dessert to share.



Coffee & Tea

We're bringing it back!

it's back on Friday mornings from 9:00 to 11:00 AM. We can't wait to visit with you all again!

DAV Meeting

August, 6th at 9:00 AM

Our friends with the DAV will be back to join us for breakfast on the first Tuesday of the month with their meeting following.

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